



Assiniboia Skating Club is a member of Skate Canada and offers both the CanSkate and StarSkate programs.



CanSkate CanSkate offers the best curriculum in Canada. Our flagship learn-to-skate program has taught millions of Canadians to reach their recreational and competitive goals on the ice.

The CanSkate program is geared to beginners of all ages...children, adults, newcomers to Canada and athletes with a disability (AWAD). Whether you are looking to improve basic skating skills for figure skating, hockey, ringette, or speed skating, or wish to skate for recreation, fitness, or fun, CanSkate will get you there.

Conducted in a fun, friendly environment, the CanSkate program highlights a comprehensive series of balance, control, and agility skills, using a nationally tested and proven curriculum that supports skater success in developing stronger basic skills on the ice.

Millions of Canadians, including World and Olympic figure skating champions and National Hockey League stars, have taken their first steps on the ice with the CanSkate program. Offered at clubs and skating schools across Canada and delivered by NCCP coaches, CanSkate will help you realize your skating goals.

CanSkaters will need:

- Pair of good quality skates, either figure skates or hockey skates
- Helmet, a mask/cage is not necessary
- Warm clothing, layers which allow for movement and do not restrict the skaters but keep them warm
- Mittens or gloves

CanSkate Registration Fees

- One day per week \$225.00
- Two days per week \$350.00

Cost includes SkateCanada registration and insurance, ice time and coaching.



StarSkate

The STAR 1-5 program offers the best-in-class figure skating curriculum in Canada, targeting athletes looking for a future in the sport. Taught by Skate Canada NCCP coaches, the program introduces participants to the basic figure skating elements to create the foundation for singles, pairs, ice dance and synchronized skating.

All skaters in this program must have passed CanSkate Stage 6 or equivalent. Skaters may be any age.

STAR 6- Gold is an assessment and event structure for skaters who completed the STAR 1-5 Program. This structure builds on the skills acquired in STAR 1-5 and introduces skaters to more advanced figure skating elements.

StarSkaters will need:

- A supportive pair of leather figure skates with toe picks
- Clothing that allows for flexibility and freedom of movement (no jeans!)
- A yoga matt

StarSkate Registration Fees

- One day per week \$235.00
- Two days per week \$360.00

Cost includes Skate Canada registration and insurance, ice time. Coaching fees for private and group lessons are extra and will be invoiced directly by the club to the parents at the end of each month.

Schedule

The 2022/2023 skate season begins on October 17, 2022, and culminates with our Ice Show on February 17th, 2023. The StarSkaters will continue until March 10th to prepare for the end of year test days. Lessons are on Mondays and Friday, times are as follows:

- Parent and Tot: 4:15-4:45
- CanSkate 4:15-5:00
- StarSkate 5:00-7:00
- Stretch Class 7:00-7:30

A schedule will be posted on our club bulletin board at the rink. There will also be a version available on our website and through Team App. Parents will be notified of cancellations or changes to skating times through Team App.

Coaches

ASC'S coaches are certified or in training under the national Coaching Certification Program (NCCP). This year's coaches are Tasha Hoff (CanSkate & StarSkate), Justine Bamford (CanSkate), Kimber Bader (StarSkate), and Michelle Marcenko (StarSkate). The CanSkate program also requires on-ice aids to help our little ones to get around and complete activities. On-ice aids are volunteers and are members of our StarSkate program.

If you wish to contact your skaters coach, you can send them a message on TEAM App. Alternatively, you can visit the "Coaches" page on our website and click the link to send the coach an email. You can also speak to the coach after lessons are over.

The Board of Directors

The ASC Board of Directors is comprised of parent volunteers. They handle the day-to-day operations of the club. Including registration, ice time, SkateCanada communications, Carnival, ect. Each board member is responsible for a specific job or numerous jobs throughout the skate year. The ASC board is committed to providing the best possible skating experience to all our skaters.

If you wish to be a member of the board or to volunteer in another way, please contact any of the following board members by email: assiniboiaslaskatingclub@gmail.com or TEAM App.

- President/Test Chair/Registrar: Pamela Engstrom
- Treasurer: Kareena Kwasnicki
- Treasurer Elect/Grants/Carnival Chair: Tammy Beaubien
- Fundraising Chair/ Secretary: Cheri Anderson
- Website Administer: Tasha Hoff

Communication

This year ASC is going to continue using Team App as a method of communication. The app allows for instant access to information as well as individual notifications. It is a free online app that allows us to centralize document storage and schedules as well as to create group chats or private messages. Each parent/skater will need to sign up for TEAM App within the next few weeks. Once you have signed up, please search for our team: assiniboiaslaskatingclub.teamapp.com. Please ensure notifications for this app are turned on. Also, Follow us on Facebook to stay up to date on all club news!

Fundraising

The Assiniboia Skating Club will be holding three fundraisers this year which will help subsidize club expenses. Without these fundraisers club fees would need to be much higher. All three fundraisers are mandatory, and parents will be invoiced \$200 at the end of the year if this requirement is not met.

The fundraisers are as follows:

- Little Ceasars pizza kits (runs from Oct 12th to 28th)
- John Deere riding mower raffle tickets (runs all year)
- Spring Fever Lotto (Jan/Feb)

Carnival Ice Show

The end-of-season Carnival ice show will be held on Friday February 17, 2023. With the dress rehearsal being held on the Monday prior. This year's theme is Emojis. Skaters will be divided into groups to learn and perform a routine set to music that fits this theme. Skater participation in the Carnival is not mandatory but it is strongly encouraged. Skaters look forward to being able to show their family and friends the skating skills they have worked hard to develop. More information about Carnival will come in January.

We are excited to get back to skating in the amazing new rink and would like to thank you for joining us this year!