

**ASSINIBOIA SKATING CLUB**  
**COVID-19 Guidelines**



**Last modified October 15, 2020**

1. The parent of each individual skater of the Assiniboia Skating Club will be required to fill out a Skate Canada Risk of Assumption Waiver form at time of registration. If registration is completed online, a digital acknowledgement of the Waiver will be considered as authorization.
2. Arrive at the Assiniboia Civic Center Arena 10 minutes before the start of the lesson and use the main door as the entrance.
3. A COVID-19 screening questionnaire must be verbally completed for each skater and coach prior to going on the ice surface. Skaters and guardians **MUST NOT** enter the building if they are unable to answer **NO** to all of the COVID screening questions posted at the rink entrance, on Team App and on the ASC website.
4. Only one adult permitted with each skater (no extra family members).
5. Sanitize hands upon entry and exit of the building.
6. Dressing rooms are not in use at this time. Please come to the Civic Center "rink ready". All personal belongings must be limited. Please arrive dressed appropriately only needing to put skates and helmet on.
7. Bring own water bottle.
8. Practice social distancing while in the lobby and on the ice (2 meters).
9. ASC executive will take attendance for each session (for tracking purposes) before entering ice surface.
10. Limiting coach contact, children must be able to move unassisted. Skate forward/backward and get up on their own. Skaters who do not demonstrate the minimum skating skills will be removed from class with no refund.
11. Only the coach will have access and operate the music system.
12. Club executives and coaches have the authority to ask any member of the ASC, skaters/parents to leave if they are not following the above outlined protocols.